Third Annual
Arrhythmias and Cardiomyopathy in Women Symposium
February 11, 2023 • San Diego Marriott • La Jolla, California
Attendees can also opt to participate virtually via our live stream

Course Overview
The Scripps Arrhythmias and Cardiomyopathy in Women Symposium is designed to increase competence regarding the recognition and management of cardiovascular disease in women. The symposium will explore new and emerging risk factors for women’s heart disease while highlighting areas of discrepancy in care management related to gender. Expert faculty will cover a wide range of topics including the diagnosis, management, and state-of-the-art treatment for women afflicted with heart failure, cardiac arrhythmias, and cardiomyopathies. The goal of the activity is to improve outcomes for women with cardiovascular disease and arrhythmias as well as provide educational interventions for both primary and secondary prevention.

Target Audience
- Cardiologists
- Internists
- Primary Care Providers
- OB/GYNs
- PA, NP, RN
- Cardiovascular Techs

Educational Objectives
After attending this live activity, participants should be able to:
- Discuss cardiovascular disease, conditions and risk factors which are more common and/or unique to women.
- Identify the varied and atypical presentation of heart disease and arrhythmia in women.
- Reflect on the underutilization of standard medical and device therapies in women compared to men.
- Explore gender differences in the management of heart failure, valvular disease, cardiomyopathy, and arrhythmia with a focus on the paucity of data for women.

Physicians
Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Scripps Health designates this live activity for a maximum of 7 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABIM MOC Points
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7 Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nurses and Nurse Practitioners
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit(s)™ issued by organizations accredited by the ACCME.

For the purpose of re-licensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credit(s)™ for attendance at structured learning activities offered by organizations accredited by the ACCME.

Accreditation and Disclosure
The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

Physician Assistants
PAs may claim a maximum of 7 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

Pharmacists
The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit(s)™.

Commercial Support
This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards
Conference Faculty

Barbara Levy, MD, FACOG, FACS
Clinical Professor, Obstetrics and Gynecology
The George Washington University
School of Medicine and Health Sciences
Voluntary Clinical Professor
Department of Obstetrics, Gynecology & Reproductive Sciences
University of California San Diego
Health Sciences
Principal, The Levy Group LLC
San Diego, California

Roxana Mehran, MD, FACC, FAHA, MScAI, FESC
Professor of Medicine
Director of Interventional Cardiovascular Research and Clinical Trials
Icahn School of Medicine at Mount Sinai
New York, New York

Noel Bairey Merz, MD, FACC
Director, Barbara Bissensd
Women’s Heart Center
Professor of Cardiology
Cedars Sinai Smidt Heart Institute
Los Angeles, California

Conference Agenda

Saturday, February 11, 2023

7:15 a.m. Registration, Breakfast & View Exhibits
7:55 a.m. Welcome & Educational Overview
8 a.m. Arrhythmias and Palpitations in Women
Poulina Uddin, MD
8:30 a.m. Ischemic Heart Disease in Women: Update 2023
Bairey Merz, MD
9 a.m. Spontaneous Coronary Artery Dissection
Sharonne Hayes, MD
9:30 a.m. Break & View Exhibits
10 a.m. Heart Disease in Women: Treating a Preventable Problem in a Disease-Based Medical System
Christina Adams, MD

10:30 a.m. TAVR Updates and Unique Situations in Women
Paul Teirstein, MD

11 a.m. Does This Make My Ventricle Look Thick? LVH vs Amyloid
Rola Khedraki, MD

11:30 a.m. Q&A/Panel Discussion
Noon Lunch Break

12:15 p.m. Lunch Symposium
Non-CME Activity Hosted by Bristol Myers Squibb
1 p.m. ACS in Women
Roxana Mehran, MD

1:30 p.m. Gender Disparities in Cardiac Resynchronization Therapy
John Rogers, MD

2 p.m. Menopause, Hormone Therapy, and the Heart
Barbara Levy, MD

2:30 p.m. Break & View Exhibits

3 p.m. Unique Cardiomyopathies in Women
Namee Kim, MD

3:30 p.m. Pregnancy and CVD: The Role of Cardio-Obstetrics
Anji Faksh, DO, Poulina Uddin, MD

4 p.m. Q&A/Panel Discussion

4:30 p.m. Adjourn

Topics, times and speakers are subject to change

Conference Location
San Diego Marriott La Jolla
4240 La Jolla Village Drive
La Jolla, California 92037

Conference Fees & Registration
Space is limited, so register early!

In-Person Included: Course tuition, breakfast, breaks, lunch, internet access, electronic course materials, and course recordings

Virtual Included: Course tuition, live stream, electronic course materials, and course recordings

Not Included: Travel costs, lodging, parking, and dinners

Register Online: www.scripps.org/womencvdcme

Attendance Policies

Scripps Health Conference Guidelines
1. All staff, participants, and vendors must be asymptomatic to attend the in-person conference.
2. All staff, participants, and vendors will be required to wear masks and remain physically distanced during the conference.
3. Virtual conference participation will be available for staff participants, and vendors who have recently been exposed to, or tested positive for COVID-19, and/or are asymptomatic.

**These guidelines may be modified at any time in advance of or during the Conference.**

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a $100 processing fee (physicians) or a $50 processing fee (non-physicians, fellows, residents, students), if your cancellation is received in writing no later than Friday, January 27, 2023. Attendee substitutions are allowed, but notification must be made in writing by Friday, January 27, 2023. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.” No refunds shall be made for cancellations due to inclement weather.

Registration Changes

All registration changes (virtual to in-person or in-person to virtual) are subject to a $50 change fee when received within two weeks of the conference.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, I certify that I have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.