

Third Annual Arrhythmias and Cardiomyopathy in Women Symposium

February 11, 2023 • San Diego Marriott • La Jolla, California

Attendees can also opt to participate virtually via our live stream

Course Overview

The Scripps Arrhythmias and Cardiomyopathy in Women Symposium is designed to increase competence regarding the recognition and management of cardiovascular disease in women. The symposium will explore new and emerging risk factors for women's heart disease while highlighting areas of discrepancy in care management related to gender. Expert faculty will cover a wide range of topics including the diagnosis, management, and state-of-the-art treatment for women afflicted with heart failure, cardiac arrhythmias, and cardiomyopathies. The goal of the activity is to improve outcomes for women with cardiovascular disease and arrhythmias as well as provide educational interventions for both primary and secondary prevention.



Scan for a Complete Agenda

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Target Audience

- Cardiologists
- Internists
- Primary Care Providers
- OB/GYNs
- PA, NP, RN
- Cardiovascular Techs

Educational Objectives

After attending this live activity, participants should be able to:

- Discuss cardiovascular disease, conditions and risk factors which are more common and/or unique to women.
- Identify the varied and atypical presentation of heart disease and arrhythmia in women.
- Reflect on the underutilization of standard medical and device therapies in women compared to men.
- Explore gender differences in the management of heart failure, valvular disease, cardiomyopathy, and arrhythmia with a focus on the paucity of data for women.

Accreditation and Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABIM MOC Points

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.5 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by the ACCME.

For the purpose of re-licensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credit(s)*[™] for attendance at structured learning activities offered by organizations accredited by the ACCME.

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

Physician Assistants

PAs may claim a maximum of 6.5 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit(s)*[™].

Commercial Support

This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards

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Faculty

Course Director



Poulina Uddin, MD
Director
Scripps Women's Heart Center
General and Invasive Cardiology
Integrative and Holistic Medicine
Scripps Clinic
Scripps Mercy Hospital San Diego
La Jolla, California

Conference Planning Committee



Christina Adams, MD
Co-Founder
Scripps Women's Heart Center
Integrative Cardiologist
Scripps Clinic
La Jolla, California



Namee Kim, MD
Co-Founder
Scripps Women's Heart Center
Cardiologist
Scripps Clinic
La Jolla, California

Conference Faculty



Arij Faksh, DO, FACOG
Maternal-Fetal Medicine Physician
Director of Fetal Imaging at
Scripps Perinatology
Scripps Clinic
La Jolla, California



Sharonne Hayes, MD, FACC, FAHA
Professor of Internal Medicine and
Cardiovascular Diseases
Women's Heart Clinic
Director of Diversity and Inclusion
Mayo Clinic
Rochester, Minnesota



Rola Khedraki, MD
Advanced Heart Failure and
Transplant Cardiology
Mechanical Circulatory
Support Program
Cardiac Amyloidosis Program
Scripps Clinic
La Jolla, California



Barbara Levy, MD, FACOG, FACS
Clinical Professor, Obstetrics and Gynecology
The George Washington University
School of Medicine and Health Sciences
Voluntary Clinical Professor
Department of Obstetrics, Gynecology &
Reproductive Sciences
University of California San Diego
Health Sciences
Principal, The Levy Group LLC
San Diego, California



Roxana Mehran, MD, FACC, FAHA, MSCAI, FESC
Professor of Medicine
Director of Interventional Cardiovascular
Research and Clinical Trials
Icahn School of Medicine at Mount Sinai
New York, New York



Noel Bairey Merz, MD, FACC
Director, Barbra Streisand
Women's Heart Center
Professor of Cardiology
Cedars-Sinai Smidt Heart Institute
Los Angeles, California



John Rogers, MD, FACC
Associate Chief, Cardiology
Director, Cardiac Pacing and
Tachyarrhythmia Device Therapy
Scripps Clinic
La Jolla, California



Paul Teirstein, MD, FACC, FSCAI
Chief of Cardiology
Director, Interventional Cardiology
Scripps Clinic
Director, Scripps Prebys
Cardiovascular Institute
Scripps Health
La Jolla, California

Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated. A complete listing of faculty disclosures associated with this program can be found on the conference website: www.scripps.org/women/cvdcme

Conference Agenda

Saturday, February 11, 2023

- 7:15 a.m.** Registration, Breakfast & View Exhibits
- 7:55 a.m.** Welcome & Educational Overview
- 8 a.m.** Arrhythmia and Palpitations in Women
Poulina Uddin, MD
- 8:30 a.m.** Ischemic Heart Disease in Women: Update 2023
Bairey Merz, MD
- 9 a.m.** Spontaneous Coronary Artery Dissection
Sharonne Hayes, MD
- 9:30 a.m.** Break & View Exhibits
- 10 a.m.** Heart Disease in Women: Treating a Preventable Problem in a Disease-Based Medical System
Christina Adams, MD

- 10:30 a.m.** Unprotected Left Main PCI vs. Surgery in Women
Paul Teirstein, MD
- 11 a.m.** Does This Make My Ventricle Look Thick? LVH vs Amyloid
Rola Khedraki, MD
- 11:30 a.m.** Q&A/Panel Discussion
- Noon** Lunch Break
- 12:15 p.m.** Lunch Symposium
Non-CME Activity Hosted by Bristol Myers Squibb
- 1 p.m.** Sex and Gender Related Differences ACS – Reducing the Global Burden of CVD in Women
Roxana Mehran, MD

- 1:30 p.m.** Gender Disparities in Cardiac Resynchronization Therapy
John Rogers, MD
 - 2 p.m.** Menopause, Hormone Therapy, and the Heart
Barbara Levy, MD
 - 2:30 p.m.** Break & View Exhibits
 - 3 p.m.** Unique Cardiomyopathies in Women
Namee Kim, MD
 - 3:30 p.m.** Pregnancy and CVD: The Role of Cardio-Obstetrics
Arij Faksh, DO, Poulina Uddin, MD
 - 4 p.m.** Q&A/Panel Discussion
 - 4:30 p.m.** Adjourn
- Topics, times and speakers are subject to change**

Conference Location

San Diego Marriott La Jolla
4240 La Jolla Village Drive
La Jolla, California 92037

Conference Fees & Registration
Space is limited, so register early!

In-Person Included: Course tuition, breakfast, breaks, lunch, internet access, electronic course materials, and course recordings

Virtual Included: Course tuition, live stream, electronic course materials, and course recordings

Not Included: Travel costs, lodging, parking, and dinners

Register Online: www.scripps.org/women/cvdcme

	Thru Jan 4	Jan 5- Feb 6	After Feb 6
Physicians (MD, DO, MBBS)	\$275	\$300	\$325
RN, NP, PA, Techs & Other	\$175	\$200	\$225
Scripps Employee	\$125	\$150	\$175
Students, Residents, Fellows	\$75	\$100	\$125

Attendees can also opt to participate virtually via our live stream.

Attendance Policies

Scripps Health Conference Guidelines

- All staff, participants, and vendors must be asymptomatic to attend the in-person conference.
- All staff, participants, and vendors will be required to wear masks and remain physically distanced during the conference.
- Virtual conference participation will be available for staff, participants, and vendors who have recently been exposed to, or tested positive for COVID-19, and/or are symptomatic.

**** These guidelines may be modified at any time in advance of or during the Conference.****



Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee (physicians) or a \$50 processing fee (non-physicians, fellows, residents, students), if your cancellation is received in writing no later than **Friday, January 27, 2023**. Attendee substitutions are allowed, but notification must be made in writing by **Friday, January 27, 2023**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows." No refunds shall be made for cancellations due to inclement weather.

Registration Changes

All registration changes (virtual to in-person or in-person to virtual) are subject to a \$50 change fee when received within two weeks of the conference.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, I certify that I have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.