Emerging Therapeutic Trends to Optimize Diabetes Care

April 17-18, 2015
Holiday Inn San Diego - Bayside • San Diego, California
Complimentary Thursday, April 16th Evening Reception & Satellite Symposium

Target Audience
This course is designed for primary care physicians and allied health professionals involved in the care of patients with diabetes.

Visit www.scripps.org/diabetescmeapril for conference updates!
Follow the conversation on Twitter at #ScrippsDiabetes
Course Overview

Emerging Therapeutic Trends to Optimize Diabetes Care symposium will highlight the latest concepts in the treatment of type 2 diabetes. The symposium will offer primary care providers an interactive venue for learning about; 1) The latest statistics, standards of care and pathophysiologic mechanisms underlying diabetes, 2) Assessing unmet needs and treatment patterns of patients with type 2 diabetes, 3) Understand the next generation of therapies in diabetes including oral and insulin options, 4) Obtain practical approaches to starting and progressing therapy to achieve optimal diabetes control in the ambulatory and acute settings.

The course will be taught by nationally known experts who are actively involved in clinical trials and studies related to the management of diabetes. Physicians will be provided with the necessary context to integrate the relevant information into their practices to improve the quality of life for their afflicted patients.

Conference Highlights

- Focused talks from leading experts
- Ample question and answer time with course faculty
- Interactive case presentations and discussion
- Conference app with access to course materials and presentations from the convenience of your mobile device or computer
- Enduring web-based CME program will be offered via an e-learning course once the 2015 programs are completed

Conference Objectives

After attending this activity, participants should be able to:

- Summarize the latest statistics, new pathophysiologic mechanisms and updated standards of care for treating diabetes
- Assess unmet needs and treatment patterns of patients with type 2 diabetes
- Understand the next generation of therapies in diabetes including oral and insulin options
- Obtain practical approaches to starting and progressing therapy to achieve optimal diabetes control in the ambulatory and acute settings

Accreditation

Physicians (MD, DO)
Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.
Scripps Health designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dietitians:
This program has been approved by the Commission on Dietetic Registration for 14.5 CPEUs.

Naturopathic Doctors
The California Bureau of Naturopathic Doctors accepts AMA PRA Category 1 Credit(s)™.

Nurses
Provider approved by the California Board of Registered Nursing, Provider Number CEP15199, for up to 17.5 contact hours. Contact hours will be provided by Scripps Center for Learning & Innovation.

Physician Assistants
The American Academy of Physician Assistants accepts Category 1 credit from AMA Category 1 CME organizations accredited by the ACCME.

Psychologists
The Board of Psychology accepts AMA PRA Category 1 Credit(s)™ for license renewal.

Disclosure

Commercial Support
This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. At the time of printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

Recording and Photography Clause
Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.
Sat

**Agenda**

**THURSDAY**
5:30 p.m.  
Light Meal & Refreshments

6 p.m.  
Welcome & Introductions

**Optimizing Diabetes Care-Interactive Discussion with Experts**
- Transitions from Teen to Adults

8 p.m.  
Adjourn & Post Event Coffee & Dessert

**FRIDAY**
7:30 a.m.  
Registration, Breakfast, View Exhibits & Pre-Assessment Test

8 a.m.  
Welcome & Introductions
- Meter Training and New Technologies in Home Glucose Monitoring
- Diabetes Today-Recent Statistics, Diagnosis Criteria and New Standards of Care 2015
- Lifestyle Interventions-Impact of New Food Guidelines
- Medication Approaches-What’s New On the Horizon!
- Lifestyle Interventions-Practical Approaches to Health Behavior Changes, Unique Alternative Interventions Using Peers & Texting
- Workshops-Practical Cases for Starting Care-Discussions with You and the Expert
- Advancing Diabetes Care-Initiating and Optimizing Basal Insulin Including New Insulins Just Arriving
- Comprehensive Management of Diabetes-It’s Not Just the Glucose!

4 p.m.  
Adjourn

**SATURDAY**
7:30 a.m.  
Registration, Breakfast, & View Exhibits

8 a.m.  
Welcome & Introductions
- Complex Diabetes Management-Achieving Glucose, Lipid and BP Targets
- The Patient’s Perspective
- Food Lab-Measuring and Calculating, Does It Make a Difference?
- Outpatient Management with Insulin and Incretins-Optimizing Targets, Minimizing Side Effects in Type 1 and Type 2 DM
- DM in Pregnancy
- Workshops-Real World Cases Addressing Difficult Hospital Cases and Transitions of Care
- Inpatient Management with Insulin-What Are the Targets and How Do We Get There?
- The Future in Diabetes Care: Emerging Technologies and Biologic Approaches

4 p.m.  
Adjourn

*Topics and times subject to change

**Faculty Disclosure:** In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.
DOWNLOAD THE SCRIPPS CME APP FOR YOUR SMART PHONE OR TABLET!

All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free Scripps CME conference app for iPhone, iPad, Android, and BlackBerry. To download the app on your smart phone or other device visit the appropriate app store and search ScrippsCME (must be one word). The app is free of charge and will be continuously updated during and after the course.

To access the site using your cell phone or computer’s web browser: www.grupio.com/ScrippsCME

ATTENDANCE POLICIES

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a $50 processing fee, if your cancellation is received in writing no later than one week prior to the course. Attendee substitutions are allowed, but notification must be made in writing by one week prior to the course. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.”

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Course Director

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Conference Location & Hotel Information

Holiday Inn San Diego - Bayside
4875 N Harbor Dr
San Diego, California 92106
Phone: 619-224-3621

Rates & Reservations

We have obtained special low rates at the hotel starting at $169 per night for an Executive room (plus tax and parking). This discounted Scripps rate also includes:

- 24 hour complimentary airport shuttle service
- Complimentary wireless high speed internet access in all guest rooms
- Complimentary business center
- Complimentary fitness center and all recreational amenities (ping pong, putting green, shuffleboard, and bicycles)

Make your reservations early! A block of rooms is being held for us until Thursday, March 26, 2015. After this date, reservations will be accepted on a space and rate available basis only. Be sure to mention that you are attending the Scripps conference when making your reservations to receive the reduced rates.

Save the Date!

Advanced Therapeutic Interventions to Optimize Obesity and Diabetes Care

September 25-26, 2015
San Diego Marriott La Jolla, San Diego, CA

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Conference Fees

**Included:** Course tuition, access to conference materials (via mobile app and conference website), breakfasts, breaks, and lunches. **Not Included:** Travel costs, printed syllabus, lodging, parking, and dinners

### 1. REGISTRATION

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<td>Full-Time Student/ Fellow/Resident</td>
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**WAYS TO REGISTER**

- **Online** [www.scripps.org/diabetescmeapril](http://www.scripps.org/diabetescmeapril)
- **Fax** 858-652-5565
- **Mail** Scripps Conference Services & CME Diabetes Management Conference 11025 North Torrey Pines Road Suite 200, Maildrop: SCRC200 La Jolla, California 92037

Would you like to receive the Scripps Diabetes Care and the Scripps Conference Services & CME email newsletters? ___Yes ___No

**2. PRINTED SYLLABUS** Main conference materials will be available via mobile app and conference website. You are able to download, save and/or print these presentations from the mobile app and conference website onto your tablet, laptop, or smart phone. Bring your laptop, tablet, or smart phone to view the conference materials during the conference. If you would like a pre-printed version you must pre-order it here. ____$75 (If you decide to order the printed syllabus on-site, the cost will be $85)

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**BILLING ADDRESS (if different from above)**

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Please indicate any special needs (including dietary restrictions): Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).
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