#1 HEART DISEASE IS THE NUMBER ONE CAUSE OF DEATH AMONG WOMEN IN THE UNITED STATES.

DIFFERENT SYMPTOMS THAN MEN
Women tend to have subter symptoms, and they may begin up to a month before the heart attack.

GET CHECKED
Even if you think your heart is healthy, get screened for heart disease.

SYMPTOMS
- FATIGUE OR WEAKNESS
- UNUSUAL TIREDNESS
- CHEST PRESSURE
- SUDDEN DIZZINESS
- SHORTNESS OF BREATH
- PROBLEMS SLEEPING
- UNUSUAL SWEATING
- NAUSEA OR VOMITING

Talk to your physician about how to adopt a heart-healthy lifestyle and minimize your risk.

For more information visit: scripps.org/womenhrt